Cavendish Close Junior Academy - Lunch Menu

| DATES | CHOICE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| W/C <br> 22nd Jan 12th Feb 10 Mar | Meat or Fish | Chicken Tikka Curry <br> Mini naan bread | Margherita pizza <br> (Cheese \& tomato) | Pork sausage | Mince beef bolognaise <br> Garlic bread slice | Fish Cake |
|  | Meat Free | $\begin{gathered}\text { Quorn korma } \\ \text { curry }\end{gathered}$ Mini naan bread | Salmon fish cake | Quorn sausage | Quorn mince bolognaise <br> Garlic bread slice | Creamy vegetable slice |
|  | Carbs | Rice | Pommes noisettes (potato balls) | Mashed potatoes | Pasta | Chips |
|  | Vegetables | Carrots Peas | Mixed veg Beans | Sliced carrots Green beans | Sweetcorn Cauliflower | $\begin{gathered} \text { Peas } \\ \text { Spaghetti } \end{gathered}$ |
|  | Desserts | Rosalie biscuit Fresh fruit | Chocolate crispie cake Fresh fruit | Doughnut Fruit cocktail | Lemon cup cake Fresh fruit | Choc Ice Fruit cocktail |
| DATES | CHOICE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| W/C <br> 8th Jan 29th Jan 26th Feb 18th Mar | Meat or Fish | Savoury beef mince | Margherita pizza <br> (Cheese \& tomato) | Roast chicken \& gravy | Pork sausage roll | Fish Cake |
|  | Meat Free | Savoury Quorn mince | Salmon fish cake | Quorn vegetarian chicken fillet | Vegan sausage roll | Quorn dippers |
|  | Carbs | Mashed Potato | Potato wedges | Roast potatoes | Diced potatoes | Chips |
|  | Vegetables | Peas Carrots | Beans Green beans | Carrots Cauliflower | Spaghetti Hoops Mixed veg | Sweetcorn Peas |
|  | Desserts | Doughnut Fruit cocktail | Assorted iced yoghurt Fresh fruit | Banana muffin Fruit cocktail | Rosalie biscuit Fresh Fruit | Choc Ice Fresh fruit |

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| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| W/C <br> 15th Jan <br> 5th Feb <br> 4 Mar <br> 25 Mar | Meat or Fish | Pork meatballs <br> in a tomato <br> sauce <br> Garlic bread <br> slice | Margherita <br> pizza <br>  <br> tomato) | Chicken and <br> gravy | Breaded <br> chicken fillet | Fish Cake |
|  | Meat Free | Quorn meatballs <br> in a tomato <br> sauce <br> Garlic bread <br> slice | Salmon fish <br> cake | Quorn <br> vegetarian <br> chicken fillet | Quorn nuggets |  <br> onion lattice |
|  | Carbs | Pasta | Pommes <br> Noisette <br> (potato balls) | Roast potatoes | Diced potato | Chips |
|  | Vegetables | Carrots <br> Garden peas | Mixed veg <br> Beans | Carrots <br> Broccoli | Spgahetti <br> hoops <br> Mixed Veg | Peas <br> Sweetcorn |
|  | Desserts | Ice cream <br> Fruit cocktail | Jelly <br> Fresh Fuit | Chocolate <br> Orange cup <br> cake <br> Fruit cocktail | Rosalie biscuit <br> Fresh fruit | Choc Ice <br> Fruit cocktail |

Jacket potato available where a child does not eat the main or vegetarian option. These must be ordered as a separate item. Monday, Wednesday and Friday - they will be served with cheese. Tuesday and Thursday they will be served with tuna.

Allergy diets can be catered for.
Please inform the school office if you child has any allergies or medical dietary requirements.
Menu is subject to change at short notice.
V - = Vegetarian. Vegan as stated.

## Served every day!



