The Harmony Trust

Year 5 PSHE Medium Term Plan

Autumn 1



Unit of work: Rules and Responsibilities

PSHE/RHE Theme	: Living in the Wider World
Assessment Outco	omes:
 I know and 	understand the school rules
 I can use the 	e conventions of courtesy and manners
 I can vote f 	or a school councillor
	: having self-respect is important to my own happiness
-	hers, even when they are very from different me physically, in character, personality or backgrounds
 IknowIde 	serve to be treated with respect
Health and Well-Being	
Relationships Education	 (R24) how to respond safely and appropriately to adults they may encounter (in all contexts including online) whom they do not know. (R31) to recognise the importance of self-respect and how this can affect their thoughts and feelings about themselves; that everyone, including them, should expect to be treated politely and with respect by others (including when online and/or anonymous) in school and in wider society; strategies to improve or support courteous, respectful relationships (R33) to listen and respond respectfully to a wide range of people, including those whose traditions, beliefs and lifestyle are different to their own
	(L1) to recognise reasons for rules and laws; consequences of not adhering to rules and laws

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Key Learning						
Links back to prior learning	New learning this unit (Focus) This unit should begin with a recap of links to previous learning	Links with future learning				
Each year they re-visit the school rules and learn about democracy when they vote for their pupil responsibilities across school. In Year 4, children looked at gender stereotypes so they should be able to draw on this knowledge during the respect lessons.	In Year 5, children will work on the GHLLWK school rules and re-visit these through different scenarios. They will also be taught about respect for others no matter their appearance, religion or gender and how important self- respect/esteem is.	In Year 6, children move on from just looking at the school rules and why they are important and move onto rights and responsibilities. They re-visit some of the respect objectives and then move on to learning about diversity, how it has a positive impact on society and how they can use their knowledge of respect and apply it in different ways. Diversity is a key element of SMSC and the British Values too.				

<u>Vocabulary and terminology arising in this unit</u>: (words in *italics* may have been encountered but not explicitly taught as part of a specific lesson) rules, responsibility, courtesy, manners, democracy, leadership, respect, respectful, disrespectful, diversity, difference, self-respect and self-esteem, personal questions, trusted adults

Positive Safeguarding for all

Every lesson will have consistent ground rules in place which:

- includes not asking personal questions or sharing personal information
- use correct terminology this avoids derogatory use of language
- ensures confidentiality (unless safeguarding)
- ensures the right to pass (as long as actively listening)

All children should know who their trusted adult is at school and in the wider family.

A trusted adult is someone who the child feels comfortable to turn to for help.

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	LO:	Success Criteria	Suggested Teaching Activities	C.C Links
Session 1	To know and understand the	- Understand what a rule is.	Harmony Pledge Reference: Pledge 1 Be Safe, Healthy and Happy, Pledge 5 Be Respectful Creative, Problem Solver, Communicator, Co-operative, Confident (See Appendix for HP	Drama
School Rules	school rules.	- Know why we have them.	Competencies speaking frame)	Speaking and listening
This lesson hould begin vith a recap of inks to		 Discuss where else in the wider world rules are used. Use drama to 	At the start of the session, share with children our ground rules for every PSHE session. Refer to the rules and have them evident in the classroom. Make sure all children understand the ground rules in place.	Communicatio
previous earning		explore school rules. - Create a class charter.	Starter: What is a rule? Why do we have them? Discuss with partner and review. Where in the wider world do we see rules? Solo think time and then Round Robin ideas as a group. Collect ideas as a class on flipchart paper.	
			Main: What are the school rules? Children to Rally Robin and then re-cap rules as a class. Give out a different scenario card to small groups based on the school rules – could be done in 3s. Children will act out the scenario and then add on how they would tackle the issue. Example: Work hard – Henry is distracted by another friend in a lesson and he is not getting his work done – act this out	
			How could he ensure he is working hard? The group will act out how they could change the scenario so that Henry can work hard. Review different scenarios as a class. Is that how you would solve the issue? What would you have	
			done?	
			Plenary: Create a class charter of how the children should treat each other, the equipment, the people they work with within their own class and display in the room.	
			Main Task: Children to work in mixed ability groups to act out scenarios outlined above and give advice to solve them or improve the situation.	
			T and TA to roam support groups.	

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The Harmony Tru Year 5 PSHE Med Autumn 1						A A A A A A A A A A A A A A A A A A A	ARUST OBDO
Session 2	To use courtesy and manners.	- Know the definitions for	Harmony Pledge Reference: Pl	edge 1 Be Safe, Healthy and Happy, I	Pledge 5 Be Respectful	Drama	
Manners		 courtesy and manners. Act out different scenarios as a 		he IWB – one for manners and one fo /hy is it important to have manners?	-	Speaking and listening Communicatio	on
		group. - Discuss how manners or courtesy can be shown for each	children in small groups to act of carrying lots of bags towards a Groups to work through each se	-	ey would act next e.g. a person kt?		
		scenario. - Understand why manners and		enarios and how the children would a oups will have different ideas so try to			
		 courtesy are important. Listen to others and respond appropriately. 	Main Task: Children to work in mixed abilit T and TA to roam support grou	y groups to act out scenarios outlined ps.	d above.		
Session 3	To understand democracy and	 Discuss good leadership qualities 	Harmony Pledge Reference: Pl	edge 7 Be Democratic		Speaking and listening	
Democracy	vote.	as a group. - Spider diagram leadership qualities	_	der? Children to have solo think time Share ideas as a class and make a spic		Art	
		 as a class. Understand what democracy is and why it is important Write a paragraph to apply for pupil responsibility OR create A Good Leader mind map 	Display the questions on the bo https://www.youtube.com/wat democracy. Show children the different job that they will need. Children will then either write a	en is democracy used in the wider wo ard for children to discuss and then s <u>sch?v=u6jgWxkbR7A</u> - well-made com s that they can put themselves forwa a paragraph to explain why they are s r to make a good leader mind map – pox)	hare ideas as a class. prehensive video to explain rd for in school and the skills uited to the job or use the	Candidates – Writing	
				pleted for pupil's roles and responsib			
ASPIRATIONAL	. C	OMMUNICATOR	CONFIDENT	COOPERATIVE	CREATIVE		
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Autumn 1						RENT ACHIEVE . 9	Cotto
Autumn 1 Session 4 Self-esteem	To understand that self-esteem is important for happiness.	 Share positive attributes about myself. Share positive attributes about others. Understand what self-esteem is. Understand how self-esteem can be built. Create a poster to help others build 	leadership qualities spider diagrathey are suited to the pupil resp. Children to use job notes given a CLT candidates to write their speebe given to aid writing. Children who do not wish to tak like the images below. Image: Spider diagram of the pupil resp. Children who do not wish to tak like the images below. Image: Spider diagram of the pupil resp. Children who do not wish to tak like the images below. Image: Spider diagram of the pupil resp. Children who do not wish to tak like the images below. Image: Spider diagram of the pupil resp. Children who do not wish to tak like the images below. Image: Spider diagram of the pupil resp. Children who do not wish to tak like the images below. Image: Spider diagram of the pupil resp. Children who do not wish to tak like the images below. Image: Spider diagram of the pupil resp. Children who do not wish to tak like the images below. Image: Spider diagram of the pupil resp. Children who do not wish to tak like the images below. Image: Spider diagram of the pupil resp. Children taking about their how do these positive things about yourself and others? Imain: What is self-esteem? How	and sentence openers where appropri- eech on the paper given – again job marker a role can create a mind map o	aph about themselves and why iate. otes and sentence openers can f leadership qualities in a style of the style ledge 5 Be Respectful about who their trusted adults d a good thing about your her circle time game that gets	Speaking and listening Art	
		their self-esteem.	https://www.youtube.com/wate Develop ideas for a 10 ways to b	ch?v=M6H0w03GJrQ wild self-esteem poster as a class.			
			CONFIDENT				
ASPIRATIONAL		COMMUNICATOR	CONFIDENT	COOPERATIVE	CREATIVE		
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			made into an art piece. Set children off to create their Plenary: Share posters and cre Main Task: Children to create a 10 ways to	be presented – different media could own poster. ate a class 10 ways to build self-estee build self-esteem poster that can be en a list of ways to build self-esteem a	em to display in the classroom. stuck in books.		
Session 5 Respect	To respect others even if they are different from me.	 Know what respect is. Develop class ground rules. Read a given statement. Decide whether it is true or false. Write why the person in the statement should be respected. 	 Develop ground rules for respensive to the service of the	edge 5 Be Respectful very PSHE session. Iss with partner and then discuss as a ect as a class e.g. hance to talk and not be interrupted. ions are valuable. inions to be challenged. challenge other people's opinions. y opinion, or anyone else's to be dism the IWB - Jamie believes in a differen e or false? Why? Partner and then as a class – refer bac together (these should be related to thority) on the IWB and discuss.	hissed. It religion to me so I shouldn't b Ik to ground rules if needed. differences in people and	e English – writing	
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Autumn 1

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			Main task:Children to be given a statement table worksheet – the first column will have the statement, thesecond column will be space for the children to write whether it is true or false and the end columnwill give them space to write their response.HA/MA – 3 statements different from the ones discussed as a class with an extension one if needed.LA/SEN – 2 statements – one discussed as class and an extra one that is different and can bediscussed as a group and answered.T to work with LA/SENTA to roam support others with ideas.	
Session 6	To know I	- Know the	Harmony Pledge Reference: Pledge 5 Be Respectful	English –
Respect	deserve to be treated with respect.	 difference between being respectful and disrespectful. Say if a scenario is respectful or disrespectful Understand that you should be treated with respect. Know different ways that you can be shown or show respect. Write a short guide on how to be respectful. 	 Starter: Respectful or disrespectful scenarios – circle time/class discussion Scenario cards given out to groups or could be done as a show me/stand up activity. Read the scenario – is it respectful or disrespectful? Main: Why should we all be treated with respect? Introduce that children will be writing a how to show respect guide or Respect Recipe. Use the question to model a short introduction to the respect guide/recipe. Children to then write their own introduction using the helpful questions. LA/SEN – sentence openers given and supported. How can you show respect? Children to have solo thinking time and then Rally Robin ideas. Share ideas as a class and teacher to spider diagram. Model how to write the first part of the guide or respect recipe – set children to task. Main Task: Children to write a how to show respect guide/recipe that can be used by others – there are some ideas on the website below on page 2. https://www.lcp.co.uk/wp-content/uploads/2019/09/PSHE-KS2-Pt2-Respecting-others.pdf LA/SEND – This group could order the first part of the recipe using sentences given and then finish it off together as a group. MA – Given recipe instruction sentence openers to help them. HA – work independently. 	writing

PROBLEM SOLVER

RESILIENT

TOLERANT 7

HONEST MOTIVATIONAL

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Provide a safe learning space, with consistent ground rules

questions or	not asking personal sharing personal ormation	Use correct terminology – this avoids derogatory use of language
		d rules that are oss year groups
Confidentiality (unless safeguarding)		Right to pass (as long as actively listening)

ASPIRATIONAL	COMMUNICATOR	CONFIDENT	COOPERATIVE	CREATIVE	
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